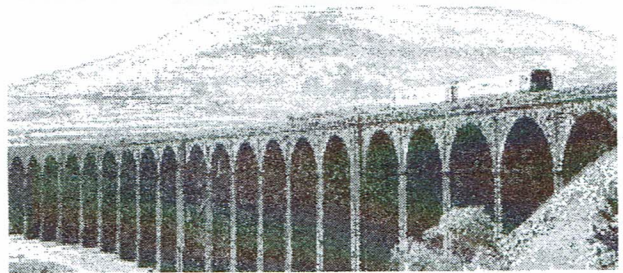


# Life is like a journey on a train

Life is like a journey on a train ... with its stations ... with changes of routes ... with delays and maybe even with accidents.

We board this train when we are born. For most of us our parents are the ones who get our ticket. We believe they will always travel on this train with us. However, for many of us, at some station our parents will get off the train, leaving us alone on this journey.



As time goes by, other passengers will board the train, many of whom will be significant - our siblings, friends, children, and even the love of our life.

Many will get off during the journey and leave a permanent vacuum in our lives.

Some will go so unnoticed that we won't even know when they vacated their seats and got off the train.

This train ride will be full of joy, sorrow, fantasy, expectations, hellos, good-byes, and farewells.

A good journey is helping, loving, having a good relationship with all co-passengers ... and making sure that we give our best to make their journey comfortable.

There will be times that the train will be moving slow, at almost a crawls pace. Appreciate that you can take in the view.

There will be times where the train is going so fast that everything is a blur. Enjoy the sense of speed in your life, as it is exhilarating but unsustainable.

There will also be the chance that the train derails. If that does happen, it will hurt, a lot, for a long time. But there will be people who will appear out of nowhere who will get you back on track.

The mystery of this fabulous journey is : We do not know at which station we ourselves are going to get off.

So, we must live in the best way - adjust, forget, forgive and offer the best of what we have.

It is important to do this because when the time comes for us to leave our seat ... we should leave behind beautiful memories for those who will continue to travel on the train of life.

There will be a few people in your life that will make the whole trip with you, who believe in you, accept that you are human and that mistakes will be made along the way, and that you will get to your desired destination - together, no matter what.

Be very grateful of these people.

Eventually your train will get to its final stop and you will need to get off. At that time you will realise that life is about the journey AND the destination.

I wish you a joyful journey for the coming years on your train of life. Give lots of love and be happy.

Be thankful for the journey!

Thank you for being one of the important passengers on my train... don't know when my station will come... don't want to miss saying:

*"Thank you".*